

Dear Families,

National Careers Week is celebrating its 10<sup>th</sup> Anniversary this year, from 1<sup>st</sup>- 6<sup>th</sup> March, a year when **hope** for the future and **belief** in the potential of careers is needed more than ever.

We recognise that a lot of young people and families are experiencing feelings of worry or uncertainty around future careers. You and your family, like most of us, have perhaps wondered if career opportunities will be effected by the pandemic, and what that might mean for the future of young people.

We want to encourage families to have conversations about careers and the future, especially this year in these challenging times. You can support young people to start exploring, spark their curiosity and build hope for their future by talking about careers during National Careers Week.

We have some resources to help. These can be found on <https://ncw2021.co.uk/welcome/start/>

- Information on many careers from over 40 National organisation, including our supporters the Natwest Group and NHS Health Careers
- An online virtual careers fair <https://ncw2021.co.uk/>
- A short Believe film, created to support young people to imagine and believe in their potential
- Activities for both primary and secondary school students
- A short Hope film with stress and wellbeing resources. This features young people talking about their hopes and anxieties for the future. Wellbeing advice and practical tips on managing feelings of stress is provided by GP and broadcaster Dr Radha Modgil.

We hope that you can join us this year. You can link up with other families, schools, colleges, universities, careers companies and businesses celebrating careers by using #NCW2021 on social media.

Thank you

The National Careers Week Team